

IDE: Firefighters' boot driver, free ringette, Olympic spirit and more

boots e talk

by Gerrits

Like a walk in green, peaceful
 the arrival of autumn means

19

and Port Coquitlam Fire
 nday as they hold out their
 trophy Canada. The annual
 to locations: Save-On Foods
 Safeway, Costco and the BC
 illam, smoke-eaters will be
 superstore, Save-On Foods,
 sed by the firefighters will go to
 e quality of life for thousands
 disorders by purchasing mo-
 es, and funding research for
 een fundamental supporters.
 ception in 1954. Last year, Tri-

ody Ringette starting at 2:45
 non-contact ice sport that
 r and rules are similar to
 more passing and players use a
 l bring a hockey or bike helmet;
 visit www.cometryringette.com

Olympic spirit across Canada
 Express Station from 2 to 8
 ring Canadian bluesman Colin
 etes, and try winter sports in
 sit www.cpspirittrain.com for

w Hospital grounds and the
 . The 15th annual free family
 tour, children's activities, live
 advice from master garden-
 d community displays. There
 ld bring a picnic lunch. The
 ain or shine — at the Henry
 ands, 2801 Louheed Hwy,
 t www.rhcs.org or call 604-927-



CRAIG HODGE/THE TRI-CITY NEWS

Artist Evelia Espinosa along with Mary Brown and Fred Bennett will be among those attending Treefest, which runs Sunday on the Riverview Hospital grounds. For more details, see item at left.

is to newsroom@tricitynews.com.

N a fabulous weekend
April Point Resort & Spa!
It prizes to be won

APRIL POINT RESORT & SPA
 SHARON ISLAND BC

22 Tri-City News Friday, September 19, 2008

TRI-CITY LIFE

EMAI
 PHON

THE THINGS-TO-DO GUIDE: Firefighters' boot driver, free ringette, Olympic s